



PARENT UNIVERSITY SPEAKER SERIES 2017-2018

Parent University, a collaboration between PVPUSD and the Peninsula Education Foundation, provides Intermediate School parents and students support and education through a speaker series covering topics that will help your child navigate through school and life.

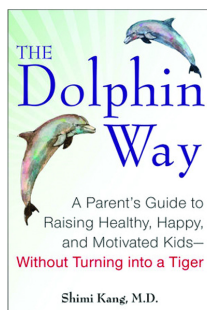


OCT 3 at Palos Verdes Intermediate (MPR) from 6-7 pm

Mindfulness: Practical Tools for Parents and Students (Parents Only)

Presenter: Bryan Guthrie, M.S. LMFT LEP

Bryan is a licensed Marriage and Family Therapist, licensed Educational Psychologist and a member of the Academy of Cognitive Therapy. He has 17 years of experience working with families, children, teens and adults experiencing issues related to ADHD, depression, anxiety, behavior disorders, abuse/dependency disorders, autism spectrum disorders and learning disorders.

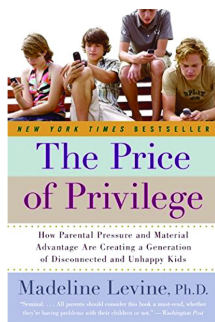


JAN 23 at Ridgecrest Intermediate (MPR) from 6-7 pm

The Dolphin Model of Raising Happy, Healthy Kids

Presenter: Dr. Shimi Kang

A Harvard-trained physician, researcher and best selling author, Dr. Kang is the Medical Director for Child and Youth Mental Health in Vancouver. Learn the art and science of inspiring children to develop their own internal drive and a lifelong love of learning. Hear how pushy “tiger parents” and permissive “jellyfish parents” both hinder self-motivation.



MAR 27 at Miraleste Intermediate (TAB) FROM 6-7 PM

The Price of Privilege

Presenter: Dr. Madeline Levine

A psychologist with close to 30 years of experience as a clinician, consultant and educator, Dr. Levine is also a *New York Times* bestselling author. She will explore the reasons why teenagers from affluent families are experiencing epidemic rates of emotional problems. She will also discuss the current narrow definition of success – how it unnecessarily stresses academically talented kids and marginalizes many more whose talents and interests are less amenable to measurement.

*All presentations listed are for parents only.
Questions? Contact larsonlisa@pvpusd.net.*

Parent University Speaker Series is sponsored by

